Mibro Lite

mibro

Product description

Packing list: Mibro Lite (including strap) X 1, Quick GuideX1,User manual X 1
Magnetic charging X 1.

Product overview

Full touch display

Home button

Charging port
(Positive)

Heart rate sensor

Charging port
(Negative)

Buttons and touch

Home button

Turning On:
Holding the button for 2 seconds
until the screen lights up
Turning Off:
Long press the button for 2
seconds until the screen turn off
Return: Click

Swipe down: Call out the control center

Swipe right:
Split screen
menu interface

Swipe left:
Functions hot key

Swipe up: Information interface

Turn on and Install App

1. For the first use, Please press and hold the home button of the watch for 2 seconds to turn it on;
2. Scan the QR code on the right side with your phone, download the "Mibro Fit" App, or search for the "Mibro Fit" App in the Android App Store/iOS App Store, download and install.

Please scan the QR code to download the "Mibro Fit" App

Tips:
1. For better use experience, please update the App to the latest version according to the prompt.
2. The system requires Android 5.0 or iOS 10.0 or above.

Connect the watch

Swipe down the dial interface to swift to the control center, click the QR code, and use the QR code scan function in the App to scan the QR code to connect to the watch to complete the pairing. Or use the connection management function in the App to search for the device, and select "XPAW004" and click to complete the pairing.

Please use "mibro tr" scanning QR code to pushing

Android Device Open Permissions

- ☑ Enable self-starting permission
- ☑ Backstage power consumption protection
- ☑ Clean up backstage protection
- ☑ Turn on message notification

Tips:
1. Do not pair directly through Bluetooth in the phone settings;
2. After the iOS system device connects the App for the first time, it will receive the prompt of Bluetooth pairing request. You need to click "Pairing" to connect, so that the watch can receive the notification and reminder of calls and SMS pushed from the iOS system;
3. After the Android device connects the App for the first time, it will receive a prompt to open the application permission. Please open the permission according to the prompt, otherwise the connection will be unstable with a small probability.

Operating Instructions

1. Key definition

1). Press and hold for 2 seconds to turn on and off;

2). On the dial page, short press to enter the menu and return to the dial;

3). When the screen is off, press briefly to light up the screen;

4). Other pages short press to return to dial page.

2. Dial page touch gesture

1). Shortcut card: the dial page appears by right sliding. Click the physical button or left sliding to return.

2). Intelligent components: slide left on the dial page to enter the intelligent components. The system preset 3 components. Click "Add component" at the right end to add up to 5 components. Long press the component to enter the "Delete component" page;

3). Dial switch: press the screen in the dial page length to select the dial. Select the corresponding dial and return to the main dial page. Note: 6 dials are preset in the system, and the last dial is "Custom dial page". The thumbnail will be displayed only after the custom dial is set in the "Mibro Fit" App, so that it can be selected as the main dial;

4). Shortcut menu: slide down on the dial page to return;

5). Message notification: slide on the dial page, slide or right slide back;

6). When a message is sent to the watch, the information details will pop up. Right slide or press the home button to return to the dial.

3. Function page operation

Function page: in the menu page, click each application icon to enter the corresponding function, right slide back, and press the home button to return to the main dial page.

Features

Data	Record the daily exercise data, including the number of steps, distance, calories, activity time, activity times.	
Sleep	Intelligent monitoring of your sleep quality, scientific analysis of sleep time, record 7 days of sleep data.	
Heart rate	Detect heart rate anytime and anywhere, make scientific chart analysis, and record the latest 7 heart rate data.	
Blood oxygen	Blood oxygen was detected anytime and anywhere, and scientific chart analysis was made to record the blood oxygen data of the last 7 times.	
Sports	Treadmill, Outdoor running, Walking, Football, Badminton, Tennis, Basketball, Cycling, Elliptical machine, On foot, Yoga, Strength Training, Trekking, Free training.	
Breath training	Different frequency and time can be set for respiratory adjustment training.	
Music control	After connecting the mobile phone, you can control the music playing of the mobile phone.	

Weather	After connecting the mobile phone, you can synchronize the weather in the App.
Stopwatch	Start the stopwatch function.
Timer	Watch quick timer.
Mett	Record the change of your exercise intensity and effective value in a week.
Pressure	Monitor the change of your stress value in a day and form an analysis icon.
Calculator	Watch mini calculator.
Search your phone	After connecting the phone, you can find the phone through the watch
Do not disturb	Smart do not disturb and timed do not disturb function of the watch, all reminders will be turned off after opening.
Health alert	Sedentary reminders, drinking reminders, medication reminders, travel reminders, high heart rate reminders, exercise reminders, reading reminders, overlooking reminders
Setting	Brightness, Screen off time, Wrist up screen on, Do not disturb, Vibration, Language, Connection to phone, About watch, Restore factory, Restart, Off and other settings.

Charging

Please align the metal port surface of the magnetic charging cable and be close to the charging contacts of the watch. The magnetic charging cable will automatically be attached to the charging contacts of the watch to start charging, and the charging instructions will be displayed on the watch screen.

Note:

1. Do not charge in a humid environment;

2. Make sure that the metal port surface on the watch body and the magnetic charging cable are not dirty or corroded;

3. Please clean the metal port surface on the back of the watch and the magnetic charging cable with a clean flannel regularly. Make sure that the contacts of the watch and the magnetic charging cable are in full contact to ensure normal charging;

4. This product is not equipped with a power adapter. In order to ensure the safety of your family and property, you can use a computer USB port or choose a power adapter with an output not exceeding 5V ⎓ 1A when charging. Please purchase power adapters through formal channels, and avoid using low-quality, fake power adapters to avoid bursting or fire.

Bluetooth data transmission

When connected to a mobile phone, the watch will synchronize some data to the mobile phone via Bluetooth, including weather, notification messages, sports health data, etc. After disconnected or Bluetooth is turned off, the data will not be synchronized.

Precautions

1. The measurement results of this product are for reference only, not for any medical purpose or basis. Please follow the doctor's instructions and never make self-diagnosis and treatment based on the measurement results.

2. The waterproof grade of this product is IP68, but it is not against sea water,deep diving and long time soaking in water. At the same time, it doesn't prevent hot water, because steam will affect the watch.

3. The company reserves the right to modify the contents of this manual without any notice. Some functions are different in the corresponding software version, which is normal.

Basic parameters

Name: Mibro Lite

Model: XPAW004

Nominal voltage: 3.7V

Charging cut-off voltage: 4.2V

FCC ID: 2AXCI-XPAW004

Equipment requirements: Android 5.0 or iOS 10.0 and above

Input: 5V ⎓ 1A Max.

Size: φ43 x 9.8mm

Battery capacity: 230mAh

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Client: Zhenshi Information Technology (Shanghai) Co., Ltd.

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